



Wednesday Club

1st and 3rd Wednesday each month

A relaxed and friendly club offering a variety of activities

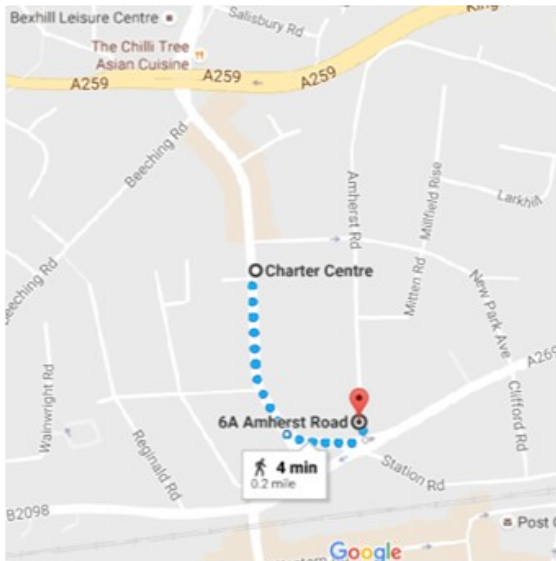
Outings , Health activities

Quizzes, Bingo

Card games, Competitions

Demonstrations

Refreshments and Raffle



Entrance is from Amherst Road opposite council offices. Drive in and use free car park.



EAST SUSSEX DIVISION



Sussex Deaf Association

East Sussex Division

Valley Social Centre

Whitehawk Way

Brighton

BN2 5HE

Charity Number 1166507

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WEDNESDAY CLUB



PROGRAMME

JAN TO JUNE 2018

The Conservative Club

6A Amherst Road

Bexhill on Sea

E Sussex TN40 1QJ

All Events held at the Bexhill Club

Unless otherwise stated.



JANUARY

3rd January

2.00pm New Year Social
Energy Matters Presentation

10th January

Ice Show Brighton Centre

24th January

1.00 pm Healthy Lives Lunch
2.00 pm German Whist

FEBRUARY

7th February 2.00 pm

2.00 pm Card making
Valentine/Birthday

21st February

1.00 pm Healthy Lives Exercise
2.00 pm BINGO



MARCH

7th March

2.00 pm Quiz



21st March

1.00 pm Healthy Lives Lunch
2.00 pm Play Your Cards Right

APRIL

4th April

1.00 pm The Moorings
Restaurant Pevensey

18th April

1.00 pm Healthy Lives Activity
2.00 pm Social /Scrabble

MAY

2nd May

1.30 pm Bluebell Walk
Arlington .

16th May

1.00 pm Healthy Lives YOGA
2.00 pm— Social
Healthy Lives Taster



JUNE

6th June Healthy Lives Activity

2.00 pm Bowls Gullivers Bowls
Club Knole Rd Bexhill



20th June time to be confirmed

Port Lymph Wildlife Park
Hythe, Kent